



OCCUPATIONAL MEDICINE

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RESPIRATOR MEDICAL EVALUATION QUESTIONNAIRE

Your employer must allow you to answer this questionnaire during normal working hours, or at a time and place that is convenient to you. To maintain your confidentiality, your employer or supervisor must not look at or review your answers. Your employer must tell you how to send or deliver this questionnaire to the health care professional who will review it.

PART A. SECTION 1. MANDATORY

Every employee selected to use any type of respirator must provide the following information (please print).

Date: _____ Company _____

Name: _____ Address: _____

Job title: _____

Age _____ Sex: M F Height: _____ Weight: _____

Phone Number: _____ () _____

Best phone number for health care professional to use: _____ () _____

The best time to contact you _____

Has your employer told you how to contact the health care professional who will review this questionnaire? Yes No

Check the type of respirator you will use (you can check more than one category):

- a. N, R, or P disposable respirator (filter-mask, non-cartridge type only).
- b. Other type (for example, half or full-face type, powered-air purifying, supplied-air, self-contained breathing apparatus).

Have you worn a respirator? Yes No

If "yes," what type(s)? _____

- | | | | |
|----|---|-----|----|
| 1. | Do you currently smoke tobacco, or have you smoked tobacco in the last month? | Yes | No |
| 2. | Have you ever had any of the following conditions? | | |
| | a. Seizures (fits) | Yes | No |
| | b. Diabetes (sugar disease) | Yes | No |
| | c. Allergic reactions that interfere with your breathing | Yes | No |
| | d. Claustrophobia (fear of closed-in places) | Yes | No |
| | e. Trouble smelling odors | Yes | No |
| 3. | Have you ever had any of the following pulmonary or lung problems? | | |
| | a. Asbestosis | Yes | No |
| | b. Silicosis | Yes | No |
| | c. Asthma | Yes | No |
| | d. Pneumothorax (collapsed lung) | Yes | No |
| | e. Chronic bronchitis | Yes | No |
| | f. Lung cancer | Yes | No |
| | g. Emphysema | Yes | No |
| | h. Broken ribs | Yes | No |
| | i. Pneumonia | Yes | No |
| | j. Any chest injuries or surgeries | Yes | No |
| | k. Tuberculosis | Yes | No |
| | l. Any other lung problem that you have been told about | Yes | No |
| 4. | Do you currently have any of the following symptoms of pulmonary or lung illness? | | |
| | a. Shortness of breath | Yes | No |
| | b. Shortness of breath when walking fast on level ground or walking up a slight hill or incline | Yes | No |
| | c. Shortness of breath when walking with other people at an ordinary pace on level ground | Yes | No |
| | d. Have to stop for breath when walking at your own pace on level ground | Yes | No |
| | e. Shortness of breath when washing or dressing yourself | Yes | No |
| | f. Shortness of breath that interferes with your job | Yes | No |
| | g. Coughing that produces phlegm (thick sputum) | Yes | No |
| | h. Coughing that wakes you early in the morning | Yes | No |
| | i. Coughing that occurs mostly when you are lying down | Yes | No |
| | j. Coughing up blood in the last month | Yes | No |
| | k. Wheezing | Yes | No |
| | l. Wheezing that interferes with your job | Yes | No |
| | m. Chest pain when you breathe deeply | Yes | No |
| | n. Any other symptoms that you think may be related to lung problems | Yes | No |

5. Have you ever had any of the following cardiovascular or heart problems?
- | | | |
|---|-----|----|
| a. Heart attack | Yes | No |
| b. Stroke | Yes | No |
| c. Angina | Yes | No |
| d. Heart failure | Yes | No |
| e. Swelling in your legs or feet (not caused by walking) | Yes | No |
| f. Heart arrhythmia (heart beating irregularly) | Yes | No |
| g. High blood pressure | Yes | No |
| h. Any other heart problems that you have been told about | Yes | No |
6. Have you ever had any of the following cardiovascular or heart symptoms?
- | | | |
|---|-----|----|
| a. Frequent pain or tightness in your chest? | Yes | No |
| b. Pain or tightness in your chest during physical activity? | Yes | No |
| c. Pain or tightness in your chest which interferes with job duties? | Yes | No |
| d. In the past 2 years, have you noticed your heart skipping or missing a beat ? | Yes | No |
| e. Heartburn or indigestion that is not related to eating? | Yes | No |
| f. Any other symptoms that you think may be related to heart or circulation problems? | Yes | No |
7. Do you currently take medication for any of the following problems?
- | | | |
|-------------------------------|-----|----|
| a. Breathing or lung problems | Yes | No |
| b. Heart trouble | Yes | No |
| c. Blood pressure | Yes | No |
| d. Seizures (fits) | Yes | No |
8. If you have used a respirator, have you ever had any of the following problems? (If you have never used a respirator continue to question 9.)
- | | | |
|--|-----|----|
| a. Eye irritation | Yes | No |
| b. Skin allergies or rashes | Yes | No |
| c. Anxiety | Yes | No |
| d. General weakness or fatigue | Yes | No |
| e. Any other problem that interferes with your use of a respirator | Yes | No |
9. Would you like to discuss your answers with the health care professional who will review this questionnaire?
- | | | |
|--|-----|----|
| | Yes | No |
|--|-----|----|

QUESTIONS 10 TO 15 MUST BE ANSWERED IF YOU WILL USE EITHER A FULL-FACE RESPIRATOR OR A SELF-CONTAINED BREATHING APPARATUS (SCBA).

- | | | | |
|-----|---|-----|----|
| 10. | Have you ever lost vision in either eye temporarily or permanently? | Yes | No |
| 11. | Do you currently have any of the following vision problems? | | |
| | a. Wear contact lenses | Yes | No |
| | b. Wear glasses | Yes | No |
| | c. Color blind | Yes | No |
| | d. Any other eye or vision problem | Yes | No |
| 12. | Have you ever had an injury to your ears, including a broken ear drum? | Yes | No |
| 13. | Do you currently have any of the following hearing problems? | | |
| | a. Difficulty hearing | Yes | No |
| | b. Wear a hearing aid | Yes | No |
| | c. Any other hearing or ear problem | Yes | No |
| 14. | Have you ever had a back injury? | Yes | No |
| 15. | Do you currently have any of the following musculoskeletal problems? | | |
| | a. Weakness in any of your arms, hands, legs, or feet | Yes | No |
| | b. Back pain | Yes | No |
| | c. Difficulty fully moving your arms and legs | Yes | No |
| | d. Pain or stiffness when you lean forward or backward at the waist | Yes | No |
| | e. Difficulty fully moving your head up or down | Yes | No |
| | f. Difficulty fully moving your head side to side | Yes | No |
| | g. Difficulty bending at your knees | Yes | No |
| | h. Difficulty squatting to the ground | Yes | No |
| | i. Climbing a flight of stairs or a ladder carrying more than 25 pounds | Yes | No |
| | j. Other muscle or skeletal problem which interfere with respirator use | Yes | No |

Employee Signature

Date

